

Faculty of Art

P.K.University

Shivpuri (MP)



Evaluation Scheme & Syllabus
Master of Art (MA) – Psychology
(Effective from 2019-20)

M.A.PSYCHOLOGY

INTRODUCTION

The following syllabus is designed for the purpose of semester system for the psychology subject. The breakup of papers semester wise is given subsequently. It needs to be mentioned that each semester will have 5 papers each. Out of which 4 papers will be theory papers and 1 paper will be practical assessment. All papers carry equal marks. This is in regard of first and second semester. All will be compulsory papers too.

In third semester the student will study three compulsory theory papers. For the fourth paper the students will be given optional paper choices. Each optional branch will consist of three papers a,b,c, out of which one paper of the optional stream will be taught in third semester and two papers will be included in fourth semester. In third semester in place of practical's the students will have to submit a report on the educational tour which would be undertaken as part of curriculum.

Semester fourth will have on compulsory paper two papers from the optional Selected and in lieu of fourth and fifth paper the Student will have to submit his/her dissertation Work.

**P.K. UNIVERSITY SHIVPURI MP
M.A. (PSYCHOLOGY)**

**SCHEME OF SYLLABUS
(SEMESTER-WISE)**

SEMESTER I	400MARKS
PAPER101: EXPERIMENTAL PSYCHOLOGY I (COGNITIVE PROCESSES)	100MARKS
PAPER102: STATISTICAL METHOD	100MARKS
PAPER103: SOCIAL PSYCHOLOGY	100MARKS
PAPER104: INDIAN AND WESTERN CONTRIBUTIONS IN PSYCHOLOGY	100MARKS
SEMESTER II	400MARKS
PAPER 201: EXPERIMENTAL PSYCHOLOGY II (DYNAMIC & QUANTITATIVE)	100MARKS
PAPER 202: PSYCHOPATHOLOGY	100MARKS
PAPER 203: PSYCHOMETRY	100MARKS
PAPER 204: PHYSIOLOGY	100MARKS

SEMESTER III**400MARKS**

PAPER 301: RESEARCHMETHOD 100MARKS

PAPER 302: THEORIES OFPERSONALITY 100MARKS

PAPER 303: PSYCHOLOGY OF CURRENTTRENDS IN SOCIAL ISSUES 100MARKS

PAPER 304: **OPTIONAL (A STUDY) I/II/III** 100MARKS

OPTIONAL PAPER 304(I): ORGANIZATIONAL PSYCHOLOGY

OPTIONAL PAPER 304(II): FOUNDATION OF CLINICAL PSYCHOLOGY

OPTIONAL PAPER 304(III): EDUCATIONAL PSYCHOLOGY- I

SEMESTER IV**400 MARKS**

PAPER 401: ADVANCESTATISTICS&EXPERIMENTALDESIGN 75 MARKS

PAPER 402: **OPTIONAL (B STUDY)I/II/III** 75 MARKS

OPTIONALPAPER 4 0 2 (I): MANATWORK: ASSESSMENT & TRAINING

OPTIONALPAPER 402(II): PSYCHODIAGNOSTICS

OPTIONAL PAPER 402(III): EDUCATIONAL PSYCHOLOGY–II

PAPER 403: **OPTIONAL(C STUDY) I/II/III** 75 MARKSOPTIONALPAPER 403(I): MANATWORK: SATISFACTION, PERFORMANCE &
MOTIVATION

OPTIONAL PAPER 403(II): PSYCHO THERAPY AND COUNSELLING

OPTIONAL PAPER 403(III): ADVANCED EDUCATIONAL PSYCHOLOGY–III

OPTIONAL PAPER 403(IV): GUIDANCE AND COUNSELING

OPTIONAL PAPER 403(V): DEVELOPMENT PSYCHOLOGY

PAPER 404: DISSERTATION 75 MARKS

PAPER 405: VIVA VOCE 100 MARKS

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M.A. (PSYCHOLOGY), FIRST SEMESTER

PAPER 101: EXPERIMENTAL PSYCHOLOGY I (COGNITIVE PROCESSES)

1. **SENSATION & ATTENTION:** Meaning of Sensation, Sensory Process Vision, Audition Attention, Meaning, Types, Broad Bent model, and Tries man model.
2. **PERCEPTION & PSYCHOPHYSICS:** Form Perception, Theory of Perceptual Organization, Motion Perception, Space Perception, Perceptual Constancy, Esp.
Psychophysics: Classical Psychophysics, Signal Detection Theory – Problems and Assumptions
3. **LEARNING: Theories of Learning:** Thorndike, Pavlov, Skinner, Kohler & Kofka, Tolman, Hull, Guthrie, Bandura
4. **MEMORY: TYPES OF MEMORY: Sensory Memory:** Iconic & Echoic, s.t.,m.,l.t.m., (Semantic & episodic, working memory, flash bulb memory)
5. **FORGETTING: THEORIES OF FORGETTING: Disuse,** Trace Memory, Interference Theory, Preservation, Consolidation Theory, Motivated Forgetting.

Recommended Readings:

1. D'Amto: Experimental Psychology.
2. Kling and Riggs: Wood worth and Schlosberg Experimental Psychology.
3. Mcguigan: Experimental Psychology–A Methodological approach.
4. Andreas: Experimental Psychology.
5. Canelland : Psychology–An Experimental Approach.
6. Hilgard: Theories of Learning.
7. Kathurkur: About Learning and Memory.
8. Kathurkur & Varase: Experimental Psychology: A Systematic approach.
9. Underwood: Experimental Psychology.
10. Deese: Psychology of Learning.
11. Harton: Human Learning.
12. Hakeem & Asthana: Experimental Psychology.

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M.A. (PSYCHOLOGY), FIRST SEMESTER

PAPER 102: STATISTICAL METHOD

(1) DEFINITION, USES, LIMITATIONS

(2) PEARSON IAN DISTRIBUTION: - MEANING AND APPLICATION

(3) CORRELATION:

Parametric Product moment method (Scatter diagram)

Non – Parametric: Biserial, Point biserial, Phi- Coefficient, Partial & Multiple

(4) TEST OF SIGNIFICANCE: PARAMETRIC

(A) Significance of difference between uncorrelated Means.

(B) Significance of difference between Correlated Means

(C) Sandler's 'A' test

(D) F- Test (One way, Two way), One wayanova (Reapet edmeasure)

(5) NON-PARAMETRIC

(A) Mann –Whitneyu Test, Wilcoxon, Friedmantest

Recommended Readings:

1. Edward: Statistical Method in Behavioral Science.
2. Garrett: Statistics in Psychology and Education.
3. Guiljord: Fundamental Statistics in Psychology and Education.
4. Blommers & Lindquist: Elementary Statistical Methods in Psychology and Education.
5. Siegel: Non-Parametric Statistic
6. Ferguson: Psychological Statistics.
7. Kapil: Sankhyikeke Mul Tatva, Vinod Pustak Mandir Agra.
8. Asthana: Sankhyikey Vidhiyan.
9. Minimum W, King B.M.A.BearG.1993 Statistical Reasoning in Psychology and Education. New York, John wiley.
10. Shrivastav D.N. Manovigyan avam shiksha mesankhyiki, Vinod Pustak Mandir Agra.

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PAPER 103: SOCIAL PSYCHOLOGY

1. Current trends in Social Psychology. Social behaviors–Nature and Levels of analysis.
Social psychology as an applied Science.
2. Attitude: Formation, Process, Theories of attitude change, Attitude measurement.
3. Inter group relations: Prejudice & discrimination–Formation and their education. Inter group conflicts:
Types, Causes and Method of resolution.
4. Attribution: Concept, Theories–Kelley, Jones and Davis, Weiner. Errors in attribution.
5. Pro & Anti Social behavior, Determinants.

Recommended Readings:

1. Principles & methods of Social Psychology. (Third Edition) E.P.Hollander, New York
Oxford Unipress.
2. David G. Myres (1994) Exploring Social Psychology. New York, McGraw Hill.
3. Freedman, J.L. Sears, D.O, Carlsmith, J.M.-Social Psychology. Prentice, Hall Inc.
Englewood Cliffs New Jersey.
4. Seidenberg, Bernard & Snadowsky, Alvin. Social Psychology. An Introduction. The
Free Press Mac Millan Publisher company, Inc
5. Baron, R.A., Byrne, D. (2002) Social Psychology. New Delhi. Prentice Hall.
6. Singh, A.K. (1996) **ADHUNIK SAMAJIK MANOVIGYAN KE RUPREKHA** (3rd edition)
Varanasi Motilal.
7. Worchel & Cooper (1976) Understanding Social Psychology. The Dorsey Press. Homewood Illinois.
8. Individual in Society (A text book of Social Psychology). Krech, David, Crutchfield, Richards
and Ballachey E.L. McGraw Hill Book Company, Inc

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PAPER 104: INDIAN& WESTERNCONTRIBUTORSTHE PSYCHOLOGY

1. Aristotle, Galton,W. James Patanjali & Charak
2. Founders of Experimental Psychology: Weber, Fechner, Helmholtz and Wundt.
3. Structuralism–Functionalism.
4. Behaviorism–Gestalt Psychology, Psycho- analysis– School.
5. Some Indian Thinkers –R.K. Rath, Durganand Sinha, Ganguli, J.B.P. Sinha.

Recommended Readings:

1. Murphy: Historical Introduction to Modern Psychology. (Kaganpaul, London)
2. Boing: History of Experimental Psychology. (Times of India Press).
3. Woodworth: Contemporary Schools of Psychology.
4. Sahakian: History and Systems of Psychology
5. Wolman: Contemporary Theories and Systems of Psychology.
6. Chaplin: Systems and Theories in Psychology.
7. Marx: Theories in Contemporary approaches in Psychology.
8. Shultz: History of Modern Psychology.
9. Duttaand Chatterjee: Indian Philosophy.
10. Sharma,G.D. Manovigyan kee Paddhatiya nanam Siddhant.
11. Ojha,R. K.:Manovigyan ke Samakaleen Sampraday.
12. Jaysaval, Seetaram: Manovigyan kee Etahasik Ruprekha.
13. Sharma, K. N.: Manovigyanik Vicharhdaray (Etahas, Sampraday, Siddhant Avam Aadhunik Pravratinya).
14. Tripathi: Thinkers and Schools of Psychology.
15. Arun Kumar Singh:Manovigyan ka Itihas avam Sampraday
16. Singh S.P.(2001),Bhartiya MannakShastra,Himalaya Publication House, Bombay.

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PAPER 201: EXPERIMENTAL–II (DYNAMIC & QUANTITATIVE)

1. THINKING AND PROBLEM SOLVING:

Concept of thinking types of thinking, Creative thinking, Central theory, Peripheral theory, Problem solving, Gestalt approach, Hullian approach.

2. CONCEPT FORMATION

Hull, Hied breder, Bruner–Good enough , Reception approach.

3. EMOTION

Meaning, Theories –James –Lange, Cannon –Bard, Schachte, Singer, Lazarus

4. MOTIVATION

Motives, Theories of Motivation: Maslow, Expectancy Value, Goal setting.

5. INTELLIGENCE & CREATIVITY

Concept, Nature vs nurture

Theories: Spearman two Factor Theory

Guilford's theory, Bruner, Sternberg, Passmodel, Artificial intelligence Creativity: Torrence, Getzel,

Guilford, Relation between Intelligence & Creativity, Emotional Intelligence, Spiritual Intelligence ,Social Intelligence.

Recommended Readings:

1. D'Amto: Experimental Psychology.
2. Klingand Riggs: Woodworth and Schlosberg Experimental Psychology.
3. Mcguigan: Experimental Psychology–A Methodological approach.
4. Andreas: Experimental Psychology.
5. Canelland: Psychology–An Experimental Approach.
6. Hilgard: Theories of Learning.
7. Kathurkur: About Learning and Memory.
8. Kathurkur & Varase: Experimental Psychology: A Systematic approach.
9. Underwood: Experimental Psychology.
10. Deese: Psychology of Learning.
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12. Hakeem & Asthana: Experimental Psychology

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PAPER 202: PSYCHO PATHOLOGY

- 1 **DEFINITION**– Theoretical background and Approaches to psychopathology.
Psycho- Dynamic, Behavioral, Cognitive, Phenomenal, Biological& Socio-Cultural.
- 2 **CLASSIFICATION** Brief history, Pre- Dsm classification, Brief history of dsm Multi- Atrial Classification, Dsmiv- Tr,I.C.D. –10
- 3 **NEUROTIC DISORDERS:-** Anxiety disorders
Psychophysiological disorders: - Ulcer, Cancer, Cardiovascular, Asthma so mato form Dissociative disorders
- 4 **PSYCHOTIC DISORDERS** Schizophrenia ; Delusional disorder ; Mood Disorder
- 5 **MENTAL DEFICIENCY** Meaning, Classification, Etiology & Management/ Rehabilitation

Recommended Readings:

1. Maslow and Mittleman:-Principles of Abnormal Psychology.
2. Cameron:-Psychology of Behavioral Disorders.
3. Brown:-Psychodynamics of Abnormal Behavior.
4. Landis Bollers:-Test Book of Abnormal Psychology.
5. Symond;- The Dynamics of Human Adjustment.
6. Hund and Gibby:-Patterns of Abnormal Behavior
7. White:-Abnormal Personality.
8. Coleman:-Abnormal Psychology and Modern Life.
9. Shannugam:-Abnormal Psychology.
10. Tripathi:-Asamany Manovigyan.
11. Kapil;-Asamany Manovigyan.
12. Singh&Tivari:-Asamany Manovigyan ke Mul Aadhar.
13. Ojha:-Asamany Manovigyan.
14. A.K.Singh:-Asamany Manovigyan.
15. SinghR.N.&QurashiA.N.,ManovikratiVigyan,AgarwalPublications,Agra

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PAPER 203: PSYCHOMETRY

1 Concept of Psychological Measurement & Evaluation.

Scale of Measurement- Nominal, Ordinal (Paired, Comparison, Rank order, Rating,) Interval, Ratio Assessment and evaluation.

2 Psychological Testing

Types of Testing: - Speed vs power Test; Individual vs group tests, Homogeneity & Heterogeneity, Characteristic of a good test

3 Test Construction: - Steps, Reliability, Validity, Norms

4 Telligence test: - Binettest, Stanford –Binettest, Weschler – Bellevue

Indian test: - Mohsin, Bist battery test, Bhatia Batterytest.

Interest: Kuder – Richardson Preference Record.

Occupational interest measurement

5 Personality tests

- Interview, Observation, Questionnaire.
- Projective–Rorschach, T.A.T., Sentence Completion Test and Word
- Association test

Recommended Readings:

1. Freeman: - Theory and Practice of Psychological Testing.
2. Anastasv: Psychological Testing.
3. Chronbach: - Essentials of Psychological Testing.
4. Guiljard;-Psychometric Methods.
5. Asthana&Asthana;-Manovigyan our Shikshamai Mapanavam Mulyankan.
6. Agarwal &Asthana:-Manovaigyanik Mapan.
7. Bhargav- Aadhunik Manovaigyanik avam Mapan.
8. Dr.D.N.Shrivastava:- Manovaigyanik Nirdhaaran, Vinod Pustak Mandir, Agra.
9. Arun Kumar Singh;-Uchchhatar Manovaigyanik Prayog avam Pareekshan.

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PAPER 204: PHYSIOLOGICAL PSYCHOLOGY

1. Organization and functions of the central nervous system: Spinal cord, Hindbrain, Midbrain and forebrain. Cranial and spinal nerves, Structures Function.
2. Methods of Physiological psychology: Invasivephysio logical methods; Methods of Visualizing The living Human brain.
3. Neural Conduction and Transmission: Resting Membrane Potential; Action potential; Synaptic trans mission; Neuromuscular.
4. Hemispheres of the Neocortex: Role of corpuscallosum and anterior Commissure; Split- Brain; Hemispheric Dominance; Capabilities of Right Hemisphere; Lateralization of Language.
5. Hormones and the brain: Endocrine.

Recommended Readings:

1. Foundation of Physiological Psychology. Richard T.Thomson.
2. A Textbook of Physiological Psychology- Sevastian P. Grossman.
3. Principles of Human Physiology- Deeunglaub. Silven Thorn.
4. Carlson. N. R.(2007). Foundations of physiological Psychology,N.D. Pearson Edu.
5. Kalat,J.W. (2000).Biological Psychology. Wadsworth, Inc.

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Paper 301: RESEARCH METHOD

- 1 Psychological Research: Nature and its steps. Problem: Meaning, Statement, and Selection of a Problem.
Variables: Nature, Types, Techniques of Manipulation and Control of Variables, Writing of Research Report.
- 2 Tools of Data Collection: Observation, Interview, Questionnaire, Test and Scales.
Sampling: Theory, Principles, and Techniques.
- 3 Types of Research: Ex Post Factor Survey, Field Study, Field Experiment, Pure Experiment.
- 4 Techniques of Research; Semantic Differential Technique, Q-Short Technique, Content analysis, Projective Techniques.
- 5 Cross Cultural Research, Ethical Issues in Psychological Research.

Recommended Readings:

- 1 Goode & Hatt: Method of Social Research.
- 2 Festinger: Research Method in Behavioral science.
- 3 McGigan: Experimental Psychology: A Methodology Approach.
- 4 Kertinger: Foundations of Behavioral Research.
- 5 Kapil: Anusandhan Vidhiyan.

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Paper 302: THEORIES OF PERSONALITY

- (1) **Personality:** Definition and nature of Personality, Characteristics of good a Personality, theory and their evaluation, Ideographic and Nomothetic approaches.
- (2) **Psycho analytic and Neo –Psycho analytic theory**
 - I. Sigmund Freud
 - II. Carl Jung
 - III. Alfred Adler
 - IV. Eric Karen Horney
 - V. Erikson
- (3) **Learning, Cognitive, Humanistic existential approaches to personality**
 - (i) Dollard & Miller, Rotter Model
 - (ii) Kelly's Constructive approach
 - (iii) Maslow, Rogers
 - (iv) V Frankle, Rollo May
- (4) **Trait Approach**

R.B.Cattel, G.Allport, Eysenck, Costa and McCrae
- (5) **Cross–Cultural Research in Personality**

Recommended Readings:

1. Allpert G.W. (1961), Pattern and Growth in Personality, Holt Rinecent & Winton.
2. Eysonk H.J. (1979), A World of Personality.
3. Hall C.S.& LindzcyG.(1970), Theoriesof Personality, John Woltty.
4. Maslow, A.H. (1970), Motivation & Personality.
5. Jaiswal, Vayktittav Manovigyan, Mauyer Publications.

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PAPER 303: PSYCHOLOGY OF CURRENT TRENDS IN SOCIAL ISSUES

1. Indian Social Structure, Caste, Class, Ethic And Family Change, Modernization And Post-Modernization.
2. Marriage, Dowry, Divorce, Social consciousness and Cyber world.
3. Psychology of Corruption: Causes, Types, Effects and Remedies, Naxalism and terrorism, Types, Effects. Psychology of Values.
4. Women and caste empowerment and related problem, Urbanization, Sanskritization.
5. Gerent logical Problems.

Recommended Readings:

1. Singh R.S., Manovikrati Vigyan ke Adhaar, Agarwal Publication, Agra
2. Singh S.K., (2010) Foundation, Feminisms and Naturalism the third World, M.D. Publication Pvt. Ltd., New Delhi.
3. Singh S.K., (2010), Rethinking embodiment in Feminist Mediain Media Studies, M.D. Publication Pvt.Ltd., New Delhi
4. Toch H. (1966), The Social Psychology of Social Movements, Methuas&Co.
5. Shoslak A.B. (1978), Modern social Problems, Holt

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PAPER 304: OPTIONAL (A STUDY)- I/II/III

OPTIONAL (A STUDY)

PAPER -304(I) ORGANIZATIONAL PSYCHOLOGY

- (I) Definitions of Organizational Psychology, Organizational Psychology and Organizational Behaviour. Social and Economic foundations of organizational psychology. Study of individual difference and their values.
- (II) Nature, types, needs, characteristics of organization, organizational health and effectiveness.
- (III) System Approach–Basic Concepts, Characteristics of system approach, Man- Machine System, Psychological system.
- (IV) Organizational theory–Fayol, Taylor, Elton Mayo, McGregor.
- (V) Some Indian Psychologist and their Contribution–Process and Innovation leadership by Khandelwal, Nurturanttask leadership by JBP Sinha, Concept of Deprivation by Misra.

Recommended Readings:

1. Lostley D.L.(1994), Human Relations in Organizations, N.Y. Wost.
2. Dunit M.D. (1988), Handbook of Industrial and Organizational Psychology, Chicago
Rand Mchally.
3. Liteert R.(1978), The Human Organization, McGraw Hill, New York.
4. Singhal: Industrial Psychology
5. Ojha: Aadugiyic Manovigyan
6. Dr. Freel Luthans: Organisational Behaviour, McGraw Hill, 5th edition.
7. Dr.J.P. Singhal: Sanghnatmak Vyahvaar
8. Dinersh Gochar: Sanghnatmak Vyahvaar
9. Dr.Arjunsharma: Industrial Psycolog

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PAPER 304: OPTIONAL (A STUDY) - I/II/III

OPTIONAL (A STUDY)

PAPER –304 (II) FOUNDATION OF CLINICAL PSYCHOLOGY

(I) Mental Health and Illness: Concept of positive mental health; psychological wellbeing; mental health & illness; attitude towards mental illness; epidemiological studies and socio-demographic correlates of mental illness in India.

(II) Clinical Psychology & Mental Health: History of Clinical Psychology and its role in understanding and elevation of mental illness, promotion of mental health. Role and functions of Clinical Psychology in community mental health/rehabilitation programme in mental hospitals/psychiatric institutions.

(III) Psycho social aspects of Mental Health and illness: The role of self-concept, self-image and self-perception in the development of behavior; Attribution theory; social skill and interpersonal models of mental health/illness.

(IV) Social Pathology: Crime and delinquency, suicide, addictive behavior, social aggression with special reference to Indian context. Culture, Mental illness and Role of Family; Role of Family in Mental health and illness; Communication Problems and emotional adaptations/maladaptation in family setup; Stress-burden/Mental illness among care givers in the family; Express emotions and relapse.

(V) Disability and rehabilitation: Psychosocial aspects of disability and rehabilitation in Indian context; the role of family and society in the education, training and rehabilitation of disabled.

Recommended Readings:

1. Herson, M., Kazdin, A.E. & Bellack, A.S. (1991) The Clinical Psychology Handbook Pergamon, New York.
2. Sweet, J.J., Rozensky, A.S. & Tovian, S.M. (1991) Handbook of Clinical Psychology in Clinical Practice, New York, Plenum.
3. Walker, C.E., Handbook of Child Clinical Psychology, New York: John Wiley & Sons.
4. Wolman, B.B., of Child Clinical Psychology, New York: McGraw Hill.
5. Sundberg, N.D., Clinical Psychology: Evolving Theory, Practice & research
6. Capuzzi, D. & Gross, D.R., Counseling and Psychology: Theories and Intervention, 4th Edition Pearson Education: India.
7. Prochaska, J.O. & Norcross, J.S., Systems of Psychology: A Trans-Theoretical Analysis, 9th Edition, Thomson Brooks.
8. Corsini, R.J. & Wedding, D., Current Psychotherapies, Peacock.

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PAPER 304: OPTIONAL (A STUDY) - I/II/III

OPTIONAL (A STUDY)

PAPER –304 (III) EDUCATIONAL PSYCHOLOGY

Unit–I

Educational Psychology–Focal areas of Educational Psychology, role of Psychology in education, objectives of teaching, educational psychology, the teacher and education.

Unit–II

Individual differences–types, causes and their educational implications.

Unit–III

Learning – Important modes of learning theories – Kohler, Guthrie and Tolman, Improvement of learning, fatigue in learning.

Unit–IV

Transfer of Learning, theories of transfer, transfer values of school subject, teacher's role in transfer of learning.

Unit–V

Motivation–achievement motivation, role of motivation in learning, teacher's role in motivation. Attention and Interest–Teacher's Role.

Recommended Readings:

1. Dand Pani, A., A Textbook of advanced educational Psychology, New Delhi Amol Publication.
2. Dr. S.S. Mathur, Educational Psychology, Sh. Vinod Pustak Mandir, Agra
3. Ellis, Educational Psychology, Princeton, N.J., New York.
4. Woolfolk, A., Educational Psychology, Singapore: Pearson Education.
5. S.S. Chauhan, Advanced Educational Psychology, 6th edition, Vikas Publishing House Pvt. Ltd., New Delhi.
6. Dr. S.S. Mathur, Shiksha Manovigyan, Sh. Vinod Pustak Mandir, Agra
7. Dandeker, Educational Psychology, M. Z. Millan.

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M.A. (PSYCHOLOGY), FORTH SEMESTER

PAPER 401: ADVANCE STATISTICS AND EXPERIMENTAL DESIGN

Unit 1:

Factor Analysis: Oblique & Rotation Method.

Unit 2:

Regression Analysis: Theoretical Concept of Multiple Regression Analysis.

Unit 3:

Types of Experimental Design: True, Quasi, Between & Without, Factorial Design PXQ, PXQXR.

Unit 4:

Concept of MANOVA, MANCOVA.

Unit 5:

Grouping of Data, NPC & Holinger B Coefficient.

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OPTIONAL PAPER –402(B STUDY) I/II/III

PAPER 402(I): MAN AT WORK: ASSESSMENT & TRAINING

Unit 1

Selection: Skill analysis and techniques, Job Analysis, Methods of Job Analysis, Their types, Merits and Demerits. Basic selection model.

Unit2

Personal and Social factors in Industry: Motivates, Incentives Morale.

Unit3

Training: Principles of training, training and development, types of training, “on the job”, Uses training, need and evaluation.

Unit4

Job Design: Enhancement of job enrichment.

Unit 5

Organizational Change

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OPTIONAL PAPER –402(B STUDY) I/II/III PAPER 402(II): PSYCHO DIAGNOSTICS

(I) Nomenclature: Introduction to classificatory system currently in use and their limitations.
Mental Retardation: Classification, Etiology and management/rehabilitation.

(II) Case History taking; Mental State Examination, Rationales of Psychological Testing, Observations, Response Recording, Synthesis of Information from different sources, Formats of Report Writing.

(III) Test of Cognitive Functions: Bender Gestalt Test, Weschler Memory Scale, Bhatia's Battery of Performance Tests of Intelligence, Weschler Adult Intelligence Scale- Indian Adaptation (WAPIS-Ramalingaswamy's), WAIS-R.

(IV) Tests for Diagnostic Clarification:

a) Tests of thought disorders

b) Minnesota Multi phasic Personality Inventory (MMPI); Multiphasic questionnaire (MPQ), Clinical Analysis Questionnaire.

c) Screening Instruments such as GHQ, HADS, ecto detect Psycho pathology.

(V) Anatomy of the Brain: Major anatomical sub division of the human brain, the surface anatomy and interior structures of cortical and sub-cortical regions. Anatomical connectivity among the various regions. The blood supply to the brain and CSF system, Cyto-architecture and modular organization in the brain.

(VI) Neuronal Signaling: The membrane property and Ion Channels of neurons for electrical signaling, action potential, the role of synapses and neuro transmitters in in terneuronal communication. Recording the nerve action potential (Practical Demonstration)

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OPTIONAL PAPER –402(B STUDY)I/II/III PAPER 402(III): EDUCATIONAL PSYCHOLOGY-II

Unit 1

Personality–approaches to the study of personality definitions, types and measurement of personality.

Unit 2

Adjustment–nature of adjustment, adjustment and society, normal it vsale normality.
Determinations of adjustment.

Unit 3

Intelligence–meaning, theories and measurement of intelligence.

Unit 4

Creativity–creativity and intelligence, identification of the creative individual. Education for encouraging creativity.

Unit 5

Cognitive development, bruner and Piaget’s work on cognitive development and their Application to class rooms situations.

Books Readings:

1. Dand Pani,A. (1988),A text book of advanced educational Psychology, New Delhi, Amol Publication.
2. Dr.S.S.Mathur (2010) Shiksha Manovigyan, Shri Vinod Pustak Mandir,Agra
3. Ellis,(1965),(2010),Educational Psychology,Princeton,N.J.,NewYork.
4. Dandeker (1995),Educational Psychology, Mxmillan.
5. Woolfolk,A. (2004),Educational Psychology, Singapore: Pearson Education.

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OPTIONAL PAPER –403 (B STUDY)I/II/III

PAPER 403(I): MAN AT WORK: SATISFACTION, PERFORMANCE & MOTIVATION

1. Satisfaction:

Determinants of Job satisfaction, Performance.

2. Motivation:

Motivates, Types of motivates, Theory of Motivation, Content and Process theory, Mclel and, work Culture and Indian Scenario.

3. Leadership:

Concept, Attributes, Types, Theories, Leadership effectiveness.

4. Globalization

Globalization and its impact on Organizations and Organizational Psychology.

5. Industrial relation:

Trade Union, Historical perspectives, Theories, Strikes, Lockout, Bargaining.

Books Readings:

1. Srivastava S(1975), Job Satisfaction & Productivity, Kant University Press.
2. VroomB.H.(1970),ManagementandMotivation,L.deciL.,Penjvin.

P.K. UNIVERSITY SHIVPURI MP

M.A. (PSYCHOLOGY), FORTH SEMESTER

OPTIONAL PAPER –403(B STUDY) I/II/III/IV/V PAPER 403(II): PSYCHO THERAPY AND COUNSELLING

(I) Introduction to Psychotherapy and counseling: Definitions, Objectives, Training, Professional and Ethical Issues, Planning and Recording of Therapy. The Therapeutic Relationship: Client the Therapist Characteristics, Illness, Technique and other Factors influencing the relationship.

(II) Interviewing: Objectives of Interviews, Interviewing Techniques, Types of Interview, and Characteristics of Structured and Unstructured Interview, Interviewing Skills, Open-ended Questions, Clarifications, Reflection, Facilitation and Confrontation. Silences in Interviews, Verbal and Non- verbal Components.

(III) Psychodynamic and Psychotherapy: Origins of Psychodynamic Formulation, Stages of Therapy Process Issues; Resistance Interpretation, Transference and Counter Transference and working through the current status. Humanistic-Existential and Experiential Therapies: Historical context and philosophical basis, principles and types of therapy, current status. Cognitive Therapies: Introduction to cognitive model, basic principles and assumptions, therapeutic techniques based on Cognitive Therapy, CBT and RET Application issues.

(IV) Group Therapy: Historical origins, theoretical models, types of groups, stages of group therapy, process issues including role of the therapist, techniques and applications of group therapy. Family Therapy: The development of family therapy, schools of family therapy, models for the assessment of families, common family problems and their treatment, treatment goals, method soft therapy, terminating treatment, research in family therapy, ethics in family therapy. Marital Therapy: Development of family therapy, current approaches, divorce and mediation, pre-marital counseling.

(V) Relaxation procedures: Jacobson's PMR, Auto genic training, Shavasana, Meditation and other Eastern methods of relaxation. Desensitization and Extinction procedures: Imaginal and in-vivo, graded exposure, enriched desensitization, assisted desensitization, Flooding and Implosion, Response prevention, Emotive imagery, and other forms of desensitization. Social Skills Training: Assertiveness training, Modeling, Behavioral Rehearsal, Communication Skills Training. Operant Procedures: Application of Reinforcement Principles, Token Economy, Management. Aversive Conditioning Therapies: Faradic version therapy.

(VI) Chemical aversion therapy, covert sensitization, Aversion relief procedure, Anxiety Relief procedure and avoid an ce conditioning therapy. Cognitive Behavior Therapies: Rational Emotive Behavior Therapy, Cognitive therapy, Stress Inoculation Training and other methods.

Recommended Readings:

1. Hersen, M., Kazdin, A. E., & Bellack, A. S. (1991) *The Clinical Psychology Handbook*. Pergamon. New York
2. Sweet, J. J., Rozensky, A. & Tavian, S. M. (1991) *Handbook of Clinical Psychology in Clinical Practice*. New York: Plenum.
3. Walker, C. E. (2001) *Handbook of Child Clinical Psychology*. New York: John Wiley & Sons.
4. Wolman, B. B. (ed.) (1975,) *Handbook of Clinical Psychology*. New York: McGraw-Hill.
5. Sundberg, N. D., Winebarger, A. A. & Taplin, J. R. (2002). *Clinical Psychology: Evolving theory, practice and research*. Upper Saddle River, N.J.: Prentice-Hall.
6. Capuzzi, D., & Gross, D. R. (2008). *Counselling and Psychotherapy: theories and interventions* 4th Edn. Pearson Education: India.
7. Prochaska, J. O., & Norcross, J. S. (2007). *Systems of psychotherapy: a transtheoretical analysis*. 9th Edition. Thomson Brooks/Cole: Belmont, CA : USA.
8. Corsini, R. J. & Wedding, D. (Eds.) (1995). *Current psycho therapies*. Itasca, Ill.: F.E. Peacock.
9. Woolfe, R. & Dryden, W. (Eds.) (1996). *Handbook of counseling psychology*. New Delhi: Sage.
10. Beck, A. T. (1976). *Cognitive therapy and behavior disorders*.
11. Rimm, D. C. & Masters, J. C. (1987). *Behavior therapy: Techniques and empirical findings*. New York: Harcourt, Brace, Jovanich.
12. Watts, A. W. (1973). *Psychotherapy: East and west*. London: Penguin books.
13. Veereshwar, P. (2002) *Indian systems of psychotherapy*. Delhi: Kalpaz publications.

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M.A. (PSYCHOLOGY), FORTH SEMESTER

OPTIONAL PAPER –403(B STUDY) I/II/III/IV/V PAPER 403(III): ADVANCED EDUCATIONAL PSYCHOLOGY

Unit 1

Mental Health: Mental Health of school teacher, causes of disorders and suggestions for Their improvement, Teacher's impact on pupil's personality, Mental Health principles.

Unit 2

Mentally retarded children, levels of mental retardation, learning programmers for students with mental retardation, gifted children – identification of gifted children and their characteristics, suggestions for teaching the gifted learners.

Unit 3

Bachward children–causes, types and remedies for backwardness, dyslereaia, delinquency–causes and prevention of delinquency.

Unit 4

Guidance–meaning and areas–educational, vocational and personal with special reference to school and college going population.

Books readings:

- Dand Pani,A. (1988),A text book of advanced educational Psychology, New Delhi, Amol Publication.
- Dr.S.S.Mathur(2010)Shiksha Manovigyan, Shri Vinod Pustak Mandir, Agra
- Ellis,(1965),(2010),EducationalPsychology,Princeton,N.J.,NewYork.
- Dandeker(1995),Educational Psychology, Mxmillan.
- Woolfolk,A. (2004),Educational Psychology,Singapore:Pearson Education.

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M.A. (PSYCHOLOGY), FORTH SEMESTER

OPTIONAL PAPER –403(B STUDY) I/II/III/IV/V

PAPER 403(IV): GUIDANCE AND COUNSELING

Unit 1: FUNDAMENTALS: GUIDANCE AND COUNSELING

- (A). Guidance: Nature, Functions and Scope.
- (B). Guidance services: Appraisal Service, Orientation service, Remedial Service, Follow-up, Program Evolution service.
- (C).Guidance Services in institutions: Primary, secondary and college, university levels.
- (D). Counseling: Definition and Goals of Counseling.
- (E). relationship between Guidance and Counseling.

Unit 2: COUNSELING PROCESS

- (A). Stages of the Counseling Process.
- (B). Building the Relationship between and in depth exploration.
- (C).Psychological assessment and diagnosis in counseling.
- (D). Factors affecting the Counseling Process.
- (E) Intervention Strategies in the Counseling Process.

Unit 3: APPROACHES AND SKILLS OF COUNSELING

- (A).Directive and Non-directive Approaches.
- (B). Counseling Skills: Listening questioning challenging, monitoring.
- (C).counseling and psychotherapy: transactional analysis, rationale motive behaviour therapy, reality therapy, multi modal therapy.
- (D). Counseling in Indian Context.
- (E).some special forms of counseling: old age counseling, children counseling and adolescents, family counseling's.

Books reading:

1. Feltham,C & Hortan,I.E.(ed.)(2006),The Sage Handbook Counseling & Psychotherapy (2nd Edition) London, Sage Publication.
2. RaoS.N.(2006) Counseling & Guidance (2ndEdition) New Delhi: Tata McGraw Hill Pub.Co.Ltd.
3. Gibson,R.L. Mitchell M.H.(2005) Introduction to Counseling & Guidance(6thEdition) New Delhi, Pearson's education Pvt. Ltd.
4. NelsonR.Jones(2000)IntroductiontoCounselingSkills,TextsandActivities, London: Sage Publications.
5. GelsoC.J.,Fertz, B.R.(1995)Counseling Psychology, Bangalore prism Book Pvt.Ltd.
6. CohenR.J.,swedrick,M.E.(2005),PsychologicaltestingandAssessment(6thEdition) New Delhi: Tata Mc Graw Hill Pub. Co. Ltd.

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M.A. (PSYCHOLOGY), FORTH SEMESTER

OPTIONAL PAPER –403(B STUDY)I/II/III/IV/V PAPER 403(V): DEVELOPMENTAL PSYCHOLOGY

Unit 1 FOUNDATION OF DEVELOPMENT

- (A). Human Developments: meaning, problems of development, importance of development, steps of development.
- (B). Methods of developmental psychology, longitudinal, cross-sectional, mixed, observation, experimental.
- (C). Heredity and Environment.
- (D). Growth, maturation, development, relation & differences.
- (E). Determinants of development: physical, psychological & socio-cultural

Unit 2 AREAS OF DEVELOPMENT

- (A). Physical development & psychomotor development: different stages.
- (B). Sensory & Perceptual development, conceptual development.
- (C). Language development, speech development.
- (D). Emotional development & its Correlation.
- (E). Moral Development, Value Development.

Unit 3 COGNITIVE DEVELOPMENT

- (A). Concept of Cognitive & Development.
- (B). Models of Development—Piaget, Vygotskaya.
- (C). Gender role of development, theories, social context of gender role of development.
- (D). Concept of aging, problems of aging.
- (E). Effects of aging on mental health & wellbeing, intervention techniques for remedial measures of aging.

Books reading:

1. Hurlock, E.B.: Child Development
2. Hurlock, E.B.: Development Psychology
3. Thompson, C.G.: Child Development
4. Verma, P. Srivastava, D.N.: Bal Manovigyan: Bal Vikas, Vinod Pustak Mandir, Agra