



P.K. UNIVERSITY
SHIVPURI (M.P.)

University Established Under section 2f of UGC ACT 1956 Vide MP Government Act No 17 of 2015

Ref No. PKU/EST/F28/2025/RO-MHC/1197

Date: 08.08.2025

MENTAL HEALTH CELLS

UGC Guidelines for the Establishment of the Mental Health Cell

The UGC (University Grants Commission) in India has issued guidelines for promoting mental health and well-being in Higher Education Institutions (HEIs). These guidelines emphasize the establishment of mental health cells, also referred to as Students' Counselling Systems, within HEIs. These cells aim to provide support, counseling, and guidance to students facing mental health challenges. By implementing these guidelines, UGC aims to create a supportive and nurturing environment within HEIs, promoting the overall well-being and mental health of students.

OBJECTIVES:

- Provide counseling and support to students facing mental health issues.
- Offer guidance and interventions to help students cope with academic and personal challenges.
- Bridge communication gaps between students and the Faculty.
- Organize workshops and awareness programs on mental health.
- Facilitate early intervention and timely support for students at risk.

MEMBER APPOINTMENTS: With the approval of the name of the members of the committee by Hon'ble Vice Chancellor, Director and Registrar of the P.K. University, Shivpuri (M.P.)

TENURE OF THE MEMBER: One Year

Following member are appointed as member of committee constituted at the campus. The following will work till further order:

S.No.	Member Name	Designation	Contact No.
1	Prof. (Dr.) Mahalaxmi Johri	Chairperson	7241115901
2	Dr. Aiman Fatma	Member Secretary	7241115081
3	Dr. Shubham Sharma	Member	9243100476
4	Dr. Bhaskar Nalla	Member	7241115907
5	Dr. Vivek Gupta	Member	7241115084
6	Dr. Ashish Vishwakarma	Member	7241115908

ADD: VIL: THANARA, TAHSIL KARERA, NH-27, DIST: SHIVPURI, M.P.-473665,
MOB: 7241115081 to 90, Email: registrar.pkuniversity@gmail.com



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7	Dr. Prabhakar	Member	7241115086
8	Dr. Ajeem	Member	7241115085
9	Dr. Hardyveer	Member	7241115907


08/08/2025
Registrar
REGISTRAR
P. K. University
Shivpuri (M.P.)