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MENTAL HEALTH CELLS

UGC Guidelines for the Establishment of the Mental Health Cell

The UGC (University Grants Commission) in India has issued guidelines for promoting mental health and well-being in Higher Education Institutions (HEIs). These guidelines emphasize the establishment of mental health cells, also referred to as Students' Counselling Systems, within HEIs. These cells aim to provide support, counseling, and guidance to students facing mental health challenges. By implementing these guidelines, UGC aims to create a supportive and nurturing environment within HEIs, promoting the overall well-being and mental health of students.

OBJECTIVES:

- Provide counseling and support to students facing mental health issues.
- Offer guidance and interventions to help students cope with academic and personal challenges.
- Bridge communication gaps between students and the Faculty.
- Organize workshops and awareness programs on mental health.
- Facilitate early intervention and timely support for students at risk.

MEMBER APPOINTMENTS: The competent authorities of the University has decided the members of the above said cell.

TENURE OF THE MEMBER: One Year

Following member are appointed as member of committee constituted at the campus. The following will work till further order:

S.No.	Member Name	Designation	Mail ID's
1	Prof. (Dr.) Mahalaxmi Johri	Chairperson	arts.pkuniversity001@gmail.com
2	Dr. Aiman Fatma	Member	deanacademicspku@gmail.com
3	Dr. Vivek Gupta	Member	pharmacy.pku5@gmail.com
5	Dr. Ashish Vishwakarma	Member	sciencepkuniversity03@gmail.com
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P.K. UNIVERSITY

SHIVPURI (M.P.)

University Established Under section 2f of UGC ACT 1956 Vide MP Government Act No 17 of 2015

7	Dr. Ajeem Khan	Member	Nursing.pku@gmail.com
8	Dr. Hardyveer	Member	law.pkuniversity@gmail.com
9	Dr. Shubham Sharma	Member Secretary	pmpmach.pku@gmail.com

of telus
01/07/26
Registrar

REGISTRAR
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